## Medfield Parks & Recreation Teen Trip!



## Berkshire East Zip Lines

This adrenaline pumping experience starts with a chairlift ride to the summit of Mt. Institute. From here its all downhill. The first four single cable zips range in length from 700' to 1100'. Extreme Zip 1. AKA X1, is 2300' in length. This zip crosses a ski trail, crosses a road, crosses two hundred year old stone walls, clears a stream, vaults you 156' over a forest, then brings you to rest in a grassy meadow, where you realize you have just cleared the valley between the ski area and a mountainside close to half a mile away! WOW!

X1, my friends is just a warm up. After a challenging and rigorous 10 minute hike uphill (about 250 ft vertical), you arrive at X2. Extreme Zip 2 brings you back to the ski area on a cable that is 2600' in length and is a very deceptive (meaning it feels a whole heck of a lot higher) 186' in the air. With speeds in excess of 50 mph, this zip is the culmination of the tour and is the ultimate zip in all of New England.

Please note that in the event that a participant decides not to continue once arriving at the extreme lines, there will be no refunds. Also, there is a \$50 hike-out fee to be escorted off of the mountain if you change your mind once reaching X2.

On the lift ride down, the beautiful mountain tops on the north and south of the Deerfield River bookend one of the most gorgeous views in Southern New England. Certainly a great way to wind down after one of the most intense bursts of endorphins adrenaline thought a person can experience.

The Valley Jump Tour can take up to 3 hours to complete depending upon the number of participants. Participants must be at least 12 years old and weigh between 100 and 260 pounds.

| Who:       | Grades 9-12                                  |
|------------|--|
| Day:       | Wednesday, 8/13/14                           |
| Time:      | 8:00am—6:00pm                                |
| Fee:       | \$99   |
| Departure: | Pfaff Center                                 |
| Lunch:     | Pack a hearty lunch or bring money for lunch |
| Attire:    | Long shorts & sneakers                       |
| Fee:       | \$99   |

MORE INFORMATION & REGISTRATION AT WWW.MEDFIELDREC.COM OR CALL US AT (508) 359-2715

